

*"Scouting is in a word, a school of citizenship through woodcraft. The Scouts development is mainly got through camping and backwoods activities which are enjoyed as much by the instructor as by the boy, indeed the Scouters may aptly be termed elder brothers since they join in the fun, and the boys do the educating themselves This is perhaps why Scouting is called a revolution in education."*

- B.-P.

## Quote of the month

*"Without exception everyone of my 11 Springbok Scouts were actively supported by their parents during their Scouting careers"*

*A Troop Scouter*



## Editorial:

It is all quiet when you enter the grounds, the grass is high and the grounds are unkempt, a dinghy and bits of other boating equipment lay around the back filled with water and other rubbish. Vandals have had their way as have vagrants.

Inside are the reminders that this was once a vibrant Troop. Camping equipment, canoes, training equipment, patrol rooms and a Pack den are all there. Added to this is a well-built hall in a good area suitable for Group and fund raising events.

All this was not enough to stop this proud 93-year-old troop from closing its doors!

Think of those 93 years – it survived two of the Worlds greatest wars (when most adults were fighting for their country and the boys ran the troops themselves), the Great Depression, the Great Flu epidemic, political instability and many other disasters only to fall in this time of plenty

Are we, the guardians of Scouting, going to be known as the generation that closed down more troops than we ever established?

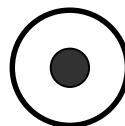
Are we going to be the ones who never cared or wanted to get involved? Are we the ones whose bickering and squabbling led to this situation? Whatever the reasons one thing is for sure we have **failed in our duty to do our best.**

Recent analysis of the Star Award inspections revealed that many **Troops are not getting enough camping and hiking.** In the Western Cape there is absolutely no excuse for this, we have mountains, rivers, dams, the sea and a Scout ranch. Scouts remember the great camps and hikes they've done not Friday night meetings. We have included 10 Table Mountain hikes, which are safe to take a Troop on. Why not extend one or two to overnight stops at the Mountain Club Hut or the Appleton Huts?

The scourge of drugs is very much a problem we may have to deal with. New drugs come onto the market regularly; Tik or Tuk is one of them, read about it, it is a devastating timebomb.

Keep Scouting, it's the right thing to do.

**John Waterhouse: Editor**



## Charles Morgan

It is with regret we record the passing, on 20.8.04, of another of our stalwarts, Charlie Morgan. Charlie joined Scouts in 1935. Served with the Imperial Light Horse during the War. On return to Cape Town he carried on Scouting serving the Movement as a Group Scouter, A.D.C. and D.C. and then Assistant Area Commissioner.

He served on various Gilcape development committees as well as assisted at numerous Scout Competitions, the Senior Scout Adventure and Training Courses.

In 1995 he was awarded the bar to his Silver Protea.

Charlie loved God and served his church in various offices, he was also a keen member of the Regimental Association of the ILH. His hobby was his Morris Minor 1000 of which he was very proud. Cheerful and smiling despite his pain Charles will be remembered as a good Scout. Our sympathies and prayers go to his son, two daughters and their families. Go well old friend.

**Denzil Roberts**

It is at this time of the year when a lot of hard work goes into the preparation of the Area Diary. This past year things generally went well with regards to the events taking place. There were however times when some courses had to be cancelled because of lack of entries like the planned Canoeist Badge. This is of concern, as is the late submission of applications (after the closing date). Course Leaders spend a lot of time and effort in the preparation of courses and it is really unfair to them when people do not adhere to closing dates or simply forget about courses. Scouters are asked to use the Area Diary and plan accordingly.

The 2005 diary will be available from 4 September 2005 at the Gillwell Reunion.

Scouting in the Western Cape received a major boost with the introduction of the Scouter's Resource CD. This CD was compiled with the intention of providing scouters – Pack and Troop with the necessary tools to run well managed units and to assist with programme planning. The CD contains more than 13000 files such as;

- Clipart
- Forms
- Scouting literature
- Website
- Programmes
- Management database
- And many more

The Area has made the one complimentary CD available for each Pack and Troop. The reason behind this is that we would like everybody to have access to the resources available and that every Pack and Troop uses the database to manage their units. It is our wish that all must be on the same system so that information could be easily available for census and star awards. Groups who do not have any access to computers should contact me so that some arrangement can be made to assist them. Please do not let the CD gather dust. Use it!

My thanks to the Ian Webb, Andre Foot, Nigel Forshaw, Kevin Reeves and David van Eyk - who put the CD together.

Elsewhere in this edition of Cape Western Scouter you will find an explanation of the President's Award. This award which is linked to the Duke of Edinburgh Award is being offered to the scouts as an additional award which they can achieve. The award was available in the past but it was always a problem finding

someone to do the evaluation. This problem has now been solved in that the ADC Scout Programme in each of the Districts will be able to do the assessment on behalf the President's Award. Please do not communicate directly with the office of the President's Award. This will be done through the Area by the AAC Scout Programme. As you will see from the documentation, most if not all of the requirements are what the scouts are expected to do for their Advancement Badges.

The Area's Profile and Marketing Strategy is slowly taking form and should be completed by the end of the year. Please take some time to browse though the Area's Website and visit the page dealing with the profile and marketing. You are also welcome to contact Andrew Purnell through the Area Office if you have any comments or suggestions to make in this regard.

See you around the campfire!

**Brian February**

Area Commissioner



***one World, one  
Promise***

## OUR TEN BEST SCOUT HIKES ON TABLE MOUNTAIN

We have enlisted the aid of two of our Scout Mountaineering experts, Neville Weller and Mike Meintjies, to compile this list of suitable safe Table Mountain hikes.

The Mountain is beautiful and the views breathtaking but she is also unforgiving to the foolhardy, those who flaunt or disobey the rules

P/Ls and Scouters are encouraged to complete the **Mountain Leadership Courses**.

As Neville Weller, one of our experts writes: "A leader of a climbing party (particularly of largely inexperienced youngsters) assumes an awesome responsibility. In a nutshell he is responsible for leading *all* the party *safely* up the designated route and bringing *all* the party *safely* back again".

The leader must:

- Know the route and stick to it
- Ensure the participants are aware what they must bring (P/Ls to check) No radios, all litter to be taken down.
- Have all legal requirements completed.
- Appoint a deputy leader who knows the route.
- Deputy will be at rear ensuring party does not spread out and slow members close up
- **Ensure no members of party side climb, go their own route or go ahead of leader.**
- Ensures party knows who deputies are and what to do and not to do on the hike.
- In summer, the weather can be fine in the morning and a few hours later the southeaster can come up with frightening suddenness. Visibility can be reduced to a few metres and temperatures drop bringing with it a miserable, misty cold In such conditions place the safety and well-being of the group above getting 'to the top' and turn the party around to get them down safely. The party must be tightened up considerably and no lagging permitted. Extra vigilance is required on the part of leadership.
- The leader should carry a cellphone and keep contact with a responsible person down below. In this way immediate action can be taken if required also just a report of satisfactory progress will be beneficial.
- It is recommended that water be carried as also a small First Aid kit. **A good map is essential.**

At some parking areas 'parking attendants' may be found, it is worthwhile paying them something even if only for 'peace of mind'

### The Hikes:

**Hike 1 : The Pipe Track Hike** from Kloof Nek to Slangolie Ravine (but not up the Ravine) return to Kloof Nek. An extension could be to cross Slangolie Ravine (great care needed), traverse round the buttress and follow the path up Corridor Ravine and back along Kasteels Poort for an easy descent.

**Hike 2 : Contour Path from Constantia Nek to a) Kirstenbosch or b) Newlands Forest Station or c) Rhodes Memorial.**

This does require some transport organisation but could be well worth the effort. Having someone who knows trees would enhance the hike as Newlands Forest is a very ancient forest.

**Hike 3 : From Kloof Nek up to Lookout on Kloof Corner and then along the Contour Path to the Saddle or further to Kings Blockhouse and down to road and Transport.**

There are several variations on this trip e.g. the hike could be to the Saddle and back again.

**Hike 4 : The Jeep Track from Constantia Nek**

This could terminate at the Scout Hut and would show the youngsters quite a bit of the mountain, the dams and the museum. Return via the same route. If there is someone who knows the old donkey path route this would also be interesting.

**Hike 5 : Skeleton Gorge/Ravine**

A hike up Skeleton Ravine and round Nursery Ravine (lookout for the American Redwoods) for the descent makes a good hike. It might be possible to go to the Scout Hut as part of the hike.

**Hike 6 : Cecelia Ridge via Kirstenbosch up the Jeep track, to the Scout Hut and down Nursery or Skeleton Ravines**

**Hike 7 : Kasteelspoort to Scout Hut and down via Wood Ravine**

(Wood Ravine is very eroded and there is a lot of loose rock on the path. Great care is needed especially if going down) This could be done from Kloof Nek or from Camps Bay and makes a good day hike.

**Hike 8 : Platteklip Gorge**

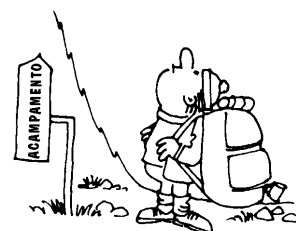
Upgrading this route is underway and makes it a practical hike for youngsters. From the top they could go along to the Cable Station have a look and then return and carry on to Maclears Beacon (the highest point – what an achievement) and then return via Platteklip Gorge

**Hike 9 : Devils Peak via Newlands Ravine**

Having been to the summit of Table Mountain this could be next for potential peak baggers! Return via the same route.

**Hike10 : Diagonal Route**

Some rock scrambling, a bit steep. Try this route after some experience on easier routes



## Mountain Safety Guidelines

(Issued by the Search and Rescue Committee of the MCSA)

1. Never Climb alone – Four is an ideal size for a party
2. Choose the route according to the ability, fitness, experience etc of the party
3. Go with someone who genuinely knows the route or carry a guidebook, map or description of the route from person who has done the route.
4. Until you know your way around stick to straightforward routes on well-used paths. Heed danger signs and do not take shortcuts or go down unknown ravines.
5. Tell somebody exactly where you are going (up and down routes and expected time of arrival) and stick to it. If possible keep cellphone contact with them regularly.
6. Every party should have a leader. Keep together and travel at the speed of the slowest. Do not split up.
7. Always go prepared for bad weather. Take proper weatherproof clothing (wind and/or rain proof), a whistle, torch with spare batteries & globe, candle & lighter, good strong footwear with non-slip soles, water to drink, emergency food, chocolate, spare warm clothing. All contained in a rucksac (inverting a large plastic bag over oneself can be used as an emergency windbreak)
8. Watch the weather and the time – turn back in time especially in case of threatening bad weather/ route taking longer or no longer easy to follow.
9. Stay put in case of trouble. Do not try to force way down in darkness/mist etc. Find shelter especially out of the wind.

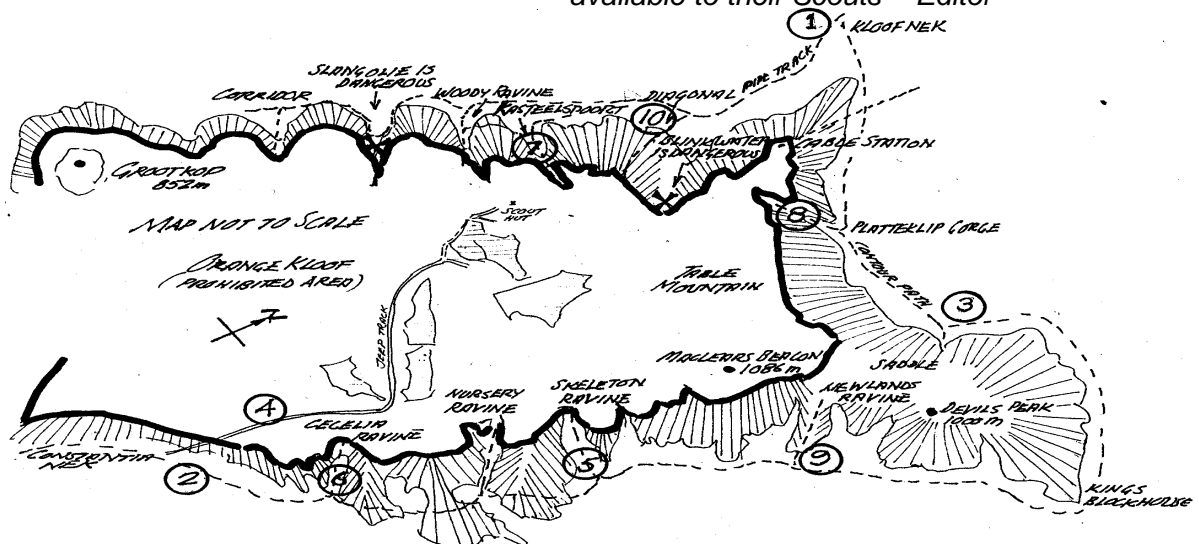
10. If you get lost or find yourself in an area that looks unsafe, retrace your steps do not push on into the unknown. If you cannot find your path look for a safe route preferably broad open slopes making sure you can at all times retrace your steps.
11. Should someone have an accident, stay calm, keep together and ascertain what the injuries are and attend to them where possible (each Scout should have his own emergency pocket first aid kit) Do not move the person unless for safety reasons it is necessary. Do not rush off to report the accident, rather observe the patient for 15 minutes or so checking reactions and making person comfortable. It sometimes happens persons are not always seriously injured and after a rest are able to walk down.
12. Someone should always be left with an injured person and remain with them until rescuers arrive. For safety it is preferable to send two persons for help. On their way down they should identify landmarks so they are able to describe the exact location of the accident and also guide the rescuers to the scene.
13. Remain available until questioned by rescue leader

### Notes:

Thanks to Mike Meintjies, Neville Weller and Jock Ritchie for their expertise in compiling and checking of this article.

Although the information has been combined it was interesting to note that both Mike and Neville, each very experienced leaders, independently chose the same routes with Jock concurring.

Scouters would do well to make copies available to their Scouts - Editor

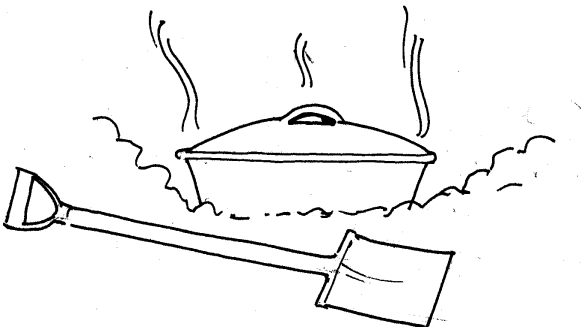


### **ALAN GOOCH - a memory from a Pal**

The passing of Alan Gooch has truly saddened all those of us who have come to know and respect him as a loyal friend and sincere Scouting pal. Al was a person who lived his life according to his *Scout Promise and Scout Laws*.

Fond memories of Alan on Woodbadge Courses at Gilcape will always remain. The sun beating down as Alan performed his Cooking Base behind the Scouters Den. His apron was always spotless as were his hands as he lifted the lids off several Dutch Oven pots. Inside tasty brown pie would be exhibited nearby for the sampling.

Who will forget Alan's scones on his special home made "reflector gadget". But above all chickens buried under the ground covered in tin foil and placed in a heap of coals was a GOOCH magic trick.



Rumour has it (confirmed to me by Alan himself) that was how he loved to entertain friends at his home.

"Let's see if we can dig up something for lunch"  
Alan would say spade in hand as he dug away in his back garden.

Alan did all his wonderful cooking at the Cederberg and Witzenberg Adventures as well.

A greatly loved and respected Scouter has GONE HOME. Alan will long be remembered  
**Mike Meintjies – his friend**

### **40 YEARS NOT OUT**

This year marked the 40<sup>th</sup> anniversary of the Beaver Rose Competition held annually by CW10 (Two Oceans District)

The Trophy presented by Ed 'Beaver' Rose forty years ago has been competed for every year without fail.

The competition is based on the same principles as the Gordons Shield and involves Scouts of all ages even if they had only joined the week before.

This year 21 patrols entered for the competition which was held at Glencairn. The winners, Eagles Patrol from 1<sup>st</sup> Bergvliet, received their trophy with 'Beaver' keeping a watchful eye on proceedings.

For the competing teams it was a great occasion for them to have the competitions originator present and to know that he is really one of the Western Cape's Scouting stalwarts with over 70 years Scouting and Rover service. The holder of the 70 year bar, Silver Springbok and one of the few men alive today who can say they have shaken the hand of B.-P.!(which he did as a very young cub)

## The 'Tik' Timebomb

The South African Council on Alcoholism and Drug Dependence (Sanca) recently expressed concern of the increased abuse of Metamphetamines also known as *Speed* or *Meth*.

In its smoked form known as 'straws'. Tik or tik-tuk is gaining popularity at school level.

It is a white odourless, bitter-tasting crystalline powder that easily dissolves in water or alcohol

Methamphetamine is available in many forms. Hence it can be smoked, snorted, anally ingested or injected.

'Ice' is the smokable form of methamphetamine ; usually a clear crystal of high purity that is smoked in a custom-made glass pipe called a 'lollie', 'poppie' pr 'popeye'.

The short-term effects are extreme nervousness, insomnia, confusion, irritability, aggression and incessant talking.

Signs that a person may be using are anxiousness, repetitious behaviour (such as picking at skin or pulling out hair), sleep disturbances, aggressive and violent behaviour severe depression and dry mouth.

There are many damaging long-term effects, including addiction.

Chronic abuse can lead to psychotic behaviour, characterised by intense paranoia (may include homicidal and suicidal thoughts), confusion, anxiety, visual and auditory hallucinations and extremely violent behaviour.

One of the consequences of regular methamphetamine use, is the very long recovery period, where the former user experiences long lasting and deep-seated depression and little or no pleasure in life.

Even things they used to enjoy are no longer satisfying. This inability to get pleasure from life and the environment lasts two to three years after stopping use

Medical complications include rapid heartbeat, increased blood pressure and irreversible stroke producing damage to small blood vessels in the brain.

Chronic methamphetamine abuse can result in inflammation of the heart lining. Three years

after chronic meth. Users have discontinued use of the drug there is still a reduction in their ability to transport dopamine back into neurons.

This is highly significant because dopamine has a major role in many brain functions, including experiences of pleasure, mood and movement.

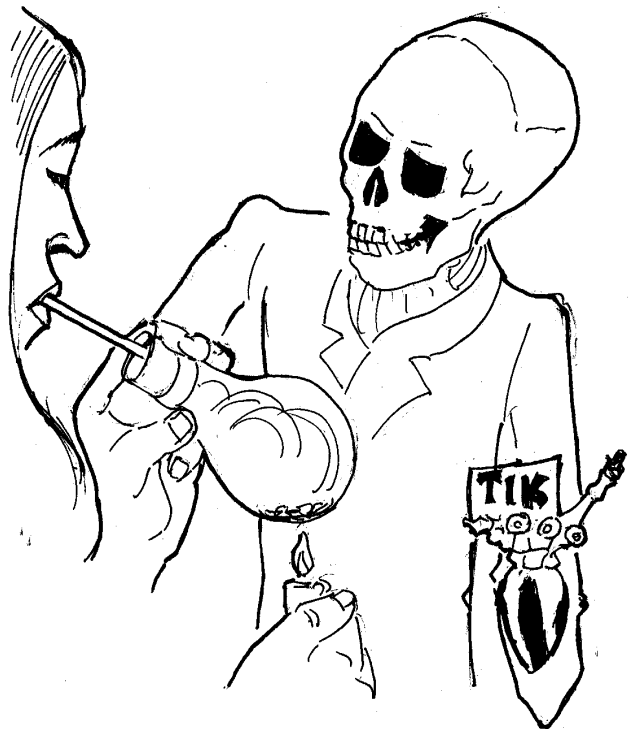
As with any drug there is a risk of overdose. An overdose can occur at relatively low levels (50mgs of pure drug for non-tolerant users)

Withdrawal symptoms are severe depression, increase craving, collapse from exhaustion, sleep disturbances, irritability, abdominal cramping, gastrointestinal upset and headache.

If you do find that someone is using drugs, don't panic, there is help. Sanca provides specialised, accessible and affordable services.

For more information phone 919 9557/8 or 434 8771

*Acknowledgement Paarl Post 26 June 2004*





# NOTICE BOARD

*All users of Hawequas please take note of the new rule made by the Hawequas Committee!*

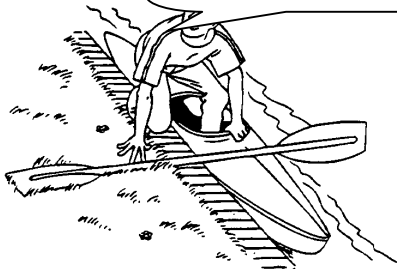
With immediate effect, the R100 deposit paid for the use of Hawequas (in addition to the R50 key deposit), will only be paid back to you 3 (three) days after your stay. Any litter left behind and having to be taken away by the Warden, will cost you R50 (fifty rand) per black bag (whether quarter, half or full).

So when you leave, make sure your litter (garbage) goes home with you. Should you not have paid your deposit for what ever reason, then the R50 (or more) will first have to be paid before you are allowed to use Hawequas again.

We do not have a dumpsite at Hawequas or any means of removing garbage. This new rule will hopefully put a stop to people ignoring and not doing as requested.

This applies to training courses as well!

The Canoest Badge  
has been cancelled



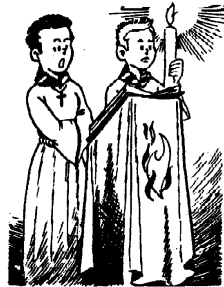
Due to the lack of entries, the Canoest Badge have been cancelled and will not take place this year again. Scouters are advised to sit down with their scouts at the beginning of the Scout Year and plan ahead. The Area Diary will be available from the first week in September. This will assist you you're your planning for next year.

## STAR AWARDS



**Pack and Troop Scouters please ensure that your records are up to date as the Star Awards will soon be done. The National Scout Council has given and instructions that all Packs and Troops must be evaluated. Last year our numbers were down. Lets aim for 100% this year! Your co-operation is appreciated.**

## FORMER SCOUT BECOMES A BISHOP



Former member of 1<sup>st</sup> Hazendal Scout Group, Bishop Garth Counsell was concecrated as Bishop at St Georges Cathedral Cape Town on 3 July 2004. Bishop Garth together with his mother and brothers were for many years the backbone of

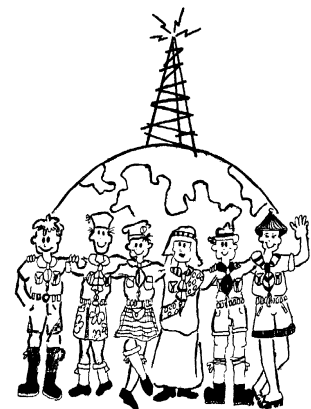
1<sup>st</sup> Hazendal.

The Area congratulate him and wish him well in his new position.



# JOTI

# JOTA



**JOTA AND JOTI stations will once again be set up during the weekend of 23/24 October 2004. We hope to have stations at The Sea Scout Base, Hawequas and Signal Hill. More information will be given out soon. Scouters please keep this date open and give your Cubs and Scouts an opportunity to speak to Cubs and Scouts from other parts of the country and the world.**

## Forums and Workshops

The recently held Youth Forum was very poorly attended. This could be ascribed to the fact that the forum originally scheduled for June was moved and it clashed with other events. The event will be held again in August next year.

On the contrary, the Troop Scouters' Workshop was well attended and it was decided to have this as an annual event.



### The significance of the Kudu horn in Scouting

The Kudu horn has long been a symbol of Scouting and of Wood Badge. It was first used to summon scouts at the experimental camp at Brownsea Island Camp in 1907 and later it was also used for all signals at the very first Scoutmaster's training camp at Gilwell in September 1919.

In the 1890s, Baden Powell fought in the Matabele Campaign in what is now called Zimbabwe. He was puzzled at how quickly an alarm was spread among the Matabele warriors. They had a unique method of military signaling, using the deep note of a kudu horn to carry coded signals over long distances. He later found that the Matabele warriors were using a War Horn of tremendous sound carrying power. A code existed, and as soon as the enemy was slighted the alarm would be sounded. This war horn turned out to be the Kudu Horn.

After the Matabele Campaign, BP took one of these horns back to England as a trophy. The horn belonged to the Matabele officer Siginyamatshe. During the Brownsea Island Camp in 1907, BP remembered the kudu horn he had brought back with him from the Matabele Wars and he used it to awaken the scouts and to add a touch of adventure and fun to the camp.

The Kudu Horn was also used for all signals at the first Scoutmaster's training camp held at Gilwell Park in September 1919. The original Kudu Horn is enshrined at Gilwell where it is sounded at the beginning of each course to summon the participants.

10 years later BP brought the same kudu horn with him in 1929 at the 21<sup>st</sup> birthday celebration of Scouting in a World Jamboree at Arrow Park to call the Jamboree together. Today many scout camps and training courses around the world still use the kudu horn to signal to scouts and participants. The Horn that heralded the birth of Scouting now summons Scouters from all parts of the world to do better than they have ever done before.

### The following Adult Leader are scheduled for September and October

Download the application form from the Cape Western website

COURSE NAME	VENUE	FEE	DATES	CONTACT
Adult Mountain Leadership Course	Various	tba	31/9; 2,14,30-31/10	Nigel – 713 1535
Committee Members (Lay)	Gilray	Free	27 November	Ron – 705 2625
Water Awareness	Zandvlei	R25.00	14 November	Zandvlei Base Staff





## **WHAT IS THE PRESIDENT'S AWARD ALL ABOUT?**



The President's Award is an exciting self-development Programme available to all young people worldwide equipping them with life skills to make a difference to themselves, their communities and the world. To date, over 5 million young people from 118 countries have been motivated to undertake a variety of voluntary and challenging activities which encourages:

- personal discovery and growth;
- self-reliance;
- perseverance;
- responsibility, and
- service to the community.

### **THE AWARD'S STRUCTURE AND PROGRAMME**

#### **THE STRUCTURE**

There are three attainment levels:

##### **BRONZE, for those over 14.**

The minimum period of participation to gain this Award is six months;

##### **SILVER, for those over 15.**

The minimum period of participation to gain this Award is 12 months;

##### **GOLD, for those over 16.**

The minimum period of participation to gain this Award is 18 months.

Each level is completely separate from the others. Young people can choose to join the Programme at the level which best suits them, with each successive level demanding increased commitment and determination.

#### **THE PROGRAMME**

There are four Sections. To gain an Award, all four Sections must be tackled for the specified minimum period of time.

##### **1. SERVICE**

**Aim: To encourage a sense of responsibility to the community through:**

- *community service projects;*
- *conservation work;*
- *voluntary service in hospitals or community homes, and*
- *more specialised training such as lifesaving, first aid or rescue services.*

The emphasis of this Section is on the regular giving of service.

## 2. EXPEDITIONS

**Aim:** To cultivate a spirit of adventure and discovery; an understanding of the environment, and the importance of working together in a team with a common purpose.

The expedition might be by foot, bicycle, boat or horseback, or alternatively it might be an equally challenging adventurous journey. Proper training and preparation, self-sufficiency, self-reliance and the exploration of new surroundings are the key elements.

## 3. SKILLS

**Aim:** To encourage the development of cultural, vocational or practical skills.

There are over 200 approved skills to choose from, including: arts and craft, chess, computing, entrepreneurial skills, music and photography. Sustained effort and general improvement over a period of time is required, rather than the attainment of a specified standard.

## 4. PHYSICAL RECREATION

**Aim:** To encourage improved performance and physical fitness.

Participants are required to take part in some form of organised physical recreation and show individual progress. Most team and individual sports are included, such as football, athletics, swimming and canoeing. Other physical activities include rock-climbing, dancing and yoga.

In some countries, young people are required to undertake a Residential Project at Gold level. This is intended to broaden their experience through living and working with others (who are not their everyday companions) over a period of five consecutive days.

# **HOW TO GET INVOLVED**

## ***HOW IS THE AWARD OPERATED?***

The Award is operated by The President's Award for Youth Empowerment and any institution or organisation concerned with young people may apply to run the Programme. Schools, youth organisations and clubs, companies, sports clubs, young offender institutions and other agencies all make use of the Award to provide a balanced programme of activities for their young people.

These agencies deliver the Award to their members with the help of volunteer Award leaders or co-ordinators.

**The role of the leaders is:**

- *to help young people to choose their individual programme and set their personal goals;*
- *to help them identify the resources and facilities which will enable them to follow their chosen activities;*
- *to monitor their progress and act as motivators, and*
- *to deal with simple Award administration.*

Thousands of adults have already volunteered their services in this worthwhile way often combining it with their role as youth club leaders, Scouters or sports-team coaches. Thousands more get involved as instructors, helping participants with one specific activity, whether it be sharing their passion for photography; their expertise in expeditioning, or their professional knowledge or caring for the sick.

They don't need to be professionally qualified - just have a desire to share their experience with younger people.

The International Award Handbook provides comprehensive guidelines on the Programme. It details fully the basic requirements of each Section, how the assessment is carried out and how an Award is gained.

### ***HOW CAN YOUNG PEOPLE JOIN THE PROGRAMME?***

To participate, a young person must first acquire a Record Book to log their Award achievements. No activity undertaken prior to receiving the Record Book may be counted towards the Award as participation is concerned with challenge rather than reward. Record Books are obtained from The President's Award once an enrolment form is completed and the required admin fee paid.

On joining the Programme participants set their challenges within the four Sections (sometimes five at Gold) in consultation with their Award leader. For each activity they need an adult instructor who will share their knowledge and supervise and guide them.

After the minimum time period, the young person's progress is assessed, often by the instructor. Assessment is based on each individual's improvement, commitment and effort in the activity, rather than on a set of external standards. Once all four Sections have been successfully completed, they are deemed to have achieved an Award. Their Award leader will arrange the necessary authorisation and presentation of the Award.

### ***THE REWARD***

For participants, the main reward is a great sense of personal achievement. They will gain new skills and experiences; make new friends, and build all-round character. More tangibly they will receive a prestigious badge and certificate to mark their achievement. For Award leaders and instructors, there is the satisfaction of knowing that they had helped young people to develop and contribute in a worthwhile way to the community.

## ***THE AWARD'S DEVELOPMENT, ORGANISATION AND FUNDING***

### ***FROM A SMALL BEGINNING TO RAPID GROWTH***

The Award started in Britain in 1956 as The Duke of Edinburgh's Award. Within ten years, 16 countries had adopted the idea and were running their own Award Programmes. Today, 118 countries run the Award under a number of different titles.

### ***THE DUKE OF EDINBURGH'S AWARD INTERNATIONAL ASSOCIATION***

*(formed in 1988)*

The International Association is responsible for the co-ordination and development of the Award worldwide and meets in full Forum every three years. HRH The Duke of Edinburgh is The Founder and HRH The Earl of Wessex is an International Trustee and Chairman of the International Council, the Association's decision-making body. The International Secretariat, based in London, is responsible for providing and promoting the Award and for preserving its fundamental principles.

## ***WHY HAS THE AWARD BEEN SO SUCCESSFUL?***

The Award has been successful for a number of reasons, most notably because it is:

- ***Available to all***

Any young person can take part regardless of gender, culture, religion, political affiliation, or mental or physical ability.

- *Non-competitive*  
Individual improvement and achievement are the main criteria for gaining an Award. Above all, it is a personal challenge and not a competition against others.
- *Voluntary*  
The Award is run by volunteers, for young people who want to participate.
- *Flexible*  
The Award's international success is due to its adaptability to different countries, environments and cultures. Each young person chooses which activities to pursue under each of the four Sections. His or her Award Programme is therefore unique, reflecting the individual's particular talents and interests.
- *A programme of activities*  
The Award is a programme of activities. It is not a club and there is no uniform.
- *A balanced programme*  
The four Sections provide a balanced programme of activities which develop a range of existing talents and interests. They also encourage young people to acquire new skills and experiences.
- *Enjoyable*  
The Award is fun - not just for young people, but for everyone involved in it!

***FOR FURTHER INFORMATION PLEASE CONTACT:***

*Your District Commissioner or ADC Scout Programme. Please do not contact the President's Award's office directly as we need to co-ordinate it through the Area Office.*

*The ADC or an appointed person in the District will act as Award Leaders within the District and the AAC Scout Programme will be the only person to liaise directly with the President's Award's office.*

## The President's Award

### for Youth Empowerment

PostNet Suite # 65  
Private Bag X1672  
Grahamstown 6140

Phone: 046-6227273  
Fax: 046-6225416  
email: [ajm@presidentsaward.co.za](mailto:ajm@presidentsaward.co.za)

In association with the Duke of Edinburgh International Award

## GUIDELINES TO THE SERVICE SECTION

In most cases the Service section is the section that most young people have had little or no exposure too, especially community service, and offer the following guidelines:-

<b>BRONZE:</b>	<b>40% community and 60% other forms of service.</b>
<b>SILVER:</b>	<b>60% community and 40% other forms of service.</b>
<b>GOLD:</b>	<b>80% community and 20% other forms of service.</b>

### A. COMMUNITY SERVICE

**To encourage a sense of responsibility the participant is to participate in:-**

**community service projects** – *Link with another organisation/school or organise your own. Identify a project in a community that is in need of assistance with a vegetable garden, general maintenance of the building or property i.e fencing, painting, woodwork etc. Collection runs for clothing, non-perishable goods for distribution to those less fortunate, or Litter runs within designated areas.*

**conservation work** - *Parks & Recreation Dept – clean up of rivers, beaches and public parks etc Oceanariums, Zoos and Wildlife Sanctuaries.*

**Residential Care Facilities** - *Childrens Shelters- offer time for homework, sport, share your talent- dance, art, chess, etc. Senior Citizen Homes- read to the elderly, chat do things for them that they no longer can do, shopping of small items, write their letters.*

**non-profit service orientated organisations** *such as SPCA NSRI, Habitat for Humanity, Hospice etc.*

***There are still many more choices available, and if you do some research they will be highlighted. In making a choice follow your heart and you will experience the opportunity of giving of yourself for the benefit of others. Please do not hesitate to contact us if you wish to discuss further.***

### B. OTHER FORMS OF SERVICE

**Service to the school (As long as it has not be given in lieu of punishment):**

*Tuck/lunch duty; Assist at school functions; Assist with school maintenance and grounds; Offer hours to the Resource Room, Computer Lab or Library.*

**General service outside of school e.g.**

*Seconding or help man a table at a Marathon or other Sports Events.*

Even though we phase out school service we most certainly do not discourage it and wish the participant to continue except they will not log the hours. This also leaves the door open to the Bronze participants each year.

**THE PRESIDENT'S AWARD PROGRAMME GUIDELINES - 2004****BRONZE LEVEL**

- For those over 14 and under 25 years.  
(Those aged 13+ wishing to enrol will be at the discretion of the Operating Authority at the National Office. However, *they **MAY NOT** receive their Award until they are 14½ years of age*)
- Minimum** time requirement for completion: **6 months**.
- The participant must complete the requirements of each of the four Sections below:**

SERVICE	EXPEDITION	SKILLS & INTEREST	PHYSICAL RECREATION
At least 24 hours, spread over 6 months.	2 days & 1 night.. minimum of 6 hours planned activity each day. <b>In a group of 4 –7 people</b> <b>Walk -24km or</b> <b>Cycling -80km or</b> Horseback -48km or canoeing/rowing - 4 hrs per day or sailing - 6 hrs per day	Regular effort spread over 6 months.	Regular effort and improvement spread over 3 months.

**SILVER LEVEL**

- For those over 15 and under 25 years.  
If Bronze level completed minimum age at entry - 14½ years.
- A direct entry to Silver level can only be made at the minimum age of 15. However, *they **MAY NOT** receive their Award until they are 16 years of age or older*)
- Minimum** time requirement for completion: **12 months**.
- The participant must complete the requirements of each of the four Sections below:**

SERVICE	EXPEDITION, EXPLORATION OR ADVENTUROUS PROJECT	SKILLS & INTEREST	PHYSICAL RECREATION
At least 48 hours, spread over 12 mths.	3 days & 2 nights. minimum of 7 hours planned activity each day. <b>In a group of 4 –7 people</b> <b>Walk - 48km or</b> <b>Cycling -145km or</b> Horseback -96km or canoeing/rowing -5 hrs per day or sailing -7 hrs per day	Regular effort spread over 12 months.	Regular effort and improvement spread over 4 months.

**GOLD LEVEL**

- For those over 16 and under 25 years.  
If Silver level completed minimum age at entry - 15½ years.
- A direct entry to Gold level can only be made at the minimum age of 16. However, *they **MAY NOT** receive their Award until they 17½ years of age or older*)
- Minimum** time requirement for completion: **18 months**.
- The participant must complete the requirements of each of the four Sections below:**

SERVICE	EXPEDITION, EXPLORATION OR ADVENTUROUS PROJECT	SKILLS & INTEREST	PHYSICAL RECREATION
At least 72 hours, spread over 18 mths.  <b>Compulsory:</b> 2 week Service Project  <i>see blue record book for more details.</i>	4 days & 3 nights. minimum of 8 hours planned activity each day. <b>In a group of 4 –7 people</b> <b>Walk - 80km or</b> <b>Cycling -225km or</b> Horseback -160km or canoeing/rowing -6 hrs per day or sailing -8 hrs per day	Regular effort spread over 18 months.	Regular effort and improvement spread over 5 months.





# The President's Award for Youth Empowerment

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## FACT SHEET

### International Award:

In 111 countries world wide (Africa, Americas, Asia Pacific and Europe/Medit/Arab States)

Over 5 million people have joined the Award to date.

In Africa, 100 000 young people from 20 countries have joined the Award to date (Anglo:Franco = 40:60)  
(Male:Female = 55:45); 18% growth in participants between 2000 and 2003; 30 000 awards gained in this time)

### The President's Award: SA

Since 1983:

21 000 young people from prisons in the country (57 prisons in 5 provinces)  
68 000 young people from schools, police colleges, youth diversion centres, child care facilities  
**89 000**

From 1 March 2002 – 31 December 2003:

7105 Prisoners enrolled for the programme  
2431 School Children enrolled in 35 schools country wide

Ben Skosana letter:

Inmates involved in the programme –  
91% of inmates said that the programme had played a significant role in their rehabilitation  
93% of inmates said they would not commit another crime  
96% said the award had changed their attitude positively (MTN Centre for Crime Prevention Studies)

An independent study of the opinions of Post-Gold Award Holders (*including members from the READY and Learning for Life Programmes*) carried out in 2002

86% wanted to remain connected with others who have achieved their Gold Award  
84% felt that success had been gained as a result of the programme.

HIV/AIDS Challenge

7341 inmates reached by the end of Feb; 10 000 to be reached by end of April.  
140 warder volunteers trained and committed to HIV education; 200 by end of April.

Patron-in-Chief:

Mr Nelson Mandela

Chairperson of Patron Body:

Ms Geraldine Fraser-Moleketi (from May 2003)

Chairman of the Trust:

Mr Warren Clewlow (Barloworld and Nedcor Chairman, South Africa)